

Dear Parents and Guardians:

Based on the Maine Department of Education "Reducing the Risk: Pregnancy, STD and HIV" curriculum, a human sexuality unit has been developed to meet our time constraints and student needs. For a month and a half students will be studying abstinence, healthy relationships, sexual violence, alcohol's and / or other illegal drug's influence on decision-making, pregnancy, birth control, and STDs. I have invited in the following guest speakers:

- Kim Mann-Brown, STD / HIV Prevention Counselor from Portland Public Health STD Clinic
- Glen Quint, New England Planned Parenthood Educator
- John Kenney, MSAD 51 Social Service Provider

Besides learning important factual information, students will learn negotiation and refusal skills, and how to use them to deal with peer/ partner pressure. The following Learning Goals are met through this unit:

- The student will demonstrate thorough understanding of key health concepts.
- The student will analyze the effects that risky behaviors have on personal health.
- The student will demonstrate refusal and negotiation skills which can enhance health by enabling them to deal with negative peer pressure.

If you have any questions or would like more information on the unit please feel free to call me at 829-4815 ext. 2110 after 2:15.

Sincerely,

Anne Smith
GMS Health Teacher

